

# Користење на биомедицински бази на податоци

Проф.д-р Љубица Георгиевска-Исмаил

# Електронски пребарувачи

# Електронски *пребарувачи* на биомедицински бази на податоци

- **Cochrane Library** - развиена и подржувана од Cochrane Collaboration
- [www.thecochranelibrary.com](http://www.thecochranelibrary.com)
- Допир доо 6 бази на податоци, за нас битни :
  - ❑ The Cochrane Database of Systematic Reviews
  - ❑ The Database of Abstracts of Reviews of Effects (DARE)



# Електронски *пребарувачи* на биомедицински бази на податоци

- **PubMed** – развиен и поддржуван од National Library of Medicine (NLM)
- **[www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)**
- Допир до референци и апстракти и пристап до MEDLINE





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**Best matches for cold water immersion muscle:**

[Cold water immersion enhances recovery of submaximal muscle function after resistance exercise.](#)

Roberts LA et al. Am J Physiol Regul Integr Comp Physiol. (2014)

[Effects of cold water immersion and active recovery on hemodynamics and recovery of muscle strength following resistance exercise.](#)

Roberts LA et al. Am J Physiol Regul Integr Comp Physiol. (2015)

[Cold-water immersion \(cryotherapy\) for preventing and treating muscle soreness after exercise.](#)

Bleakley C et al. Cochrane Database Syst Rev. (2012)

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**Search results**

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- ☐ [Association between ABO blood types and pain perception.](#)
- 1. Simoni AH, Jerwiarz A, Randers A, Gazerani P.  
Somatosens Mot Res. 2018 Jan 24;1-7. doi: 10.1080/08990220.2018.1425675. [Epub ahead of print]  
PMID: 29363387  
[Similar articles](#)
- ☐ [Cryotherapy: not as cool as it seems.](#)
- 2. Nadarajah S, Ariyagunaratne R, Jong ED.  
J Physiol. 2018 Jan 6. doi: 10.1113/JP275665. [Epub ahead of print] No abstract available.  
PMID: 29315568  
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**Titles with your search terms**

The Effect of Water Temperature during Cold-Water Immersion on Re [Int J Sports Med. 2016]

The effects of cold water immersion and active recovery on inflammation and ce [J Physiol. 2017]

Passive and post-exercise cold-water immersion augments I [Eur J Appl Physiol. 2016]

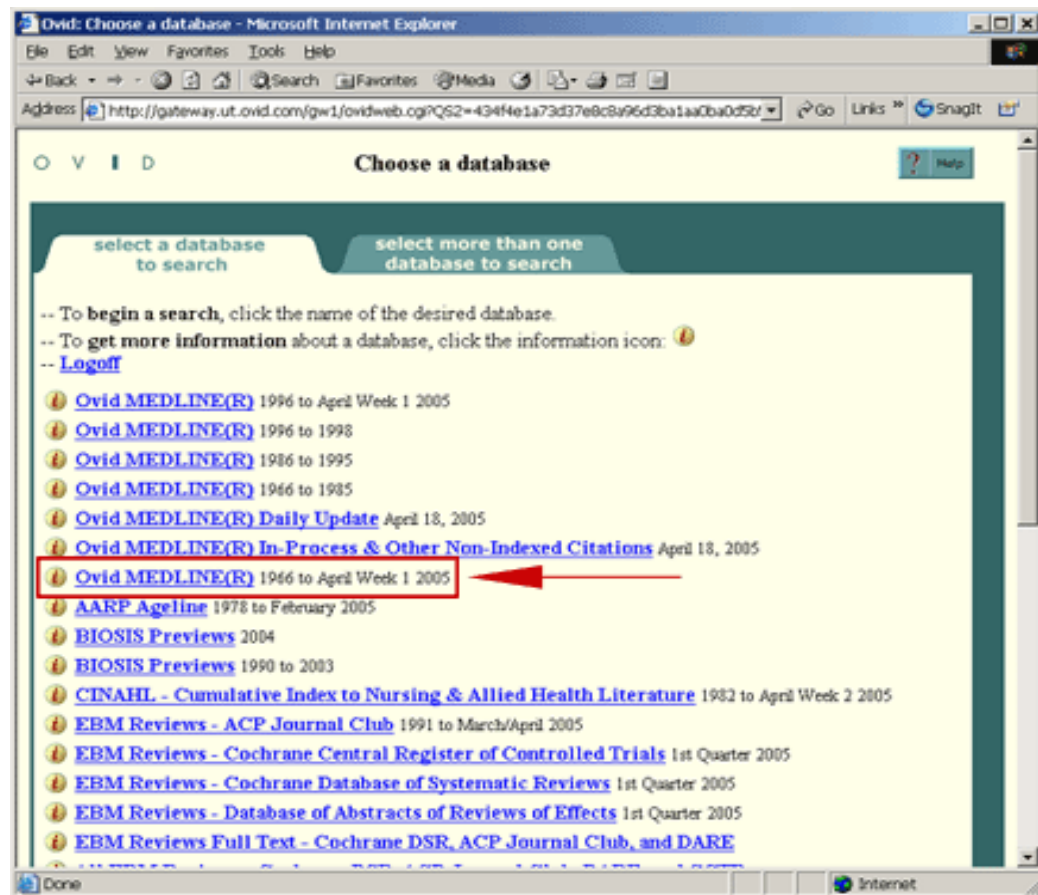
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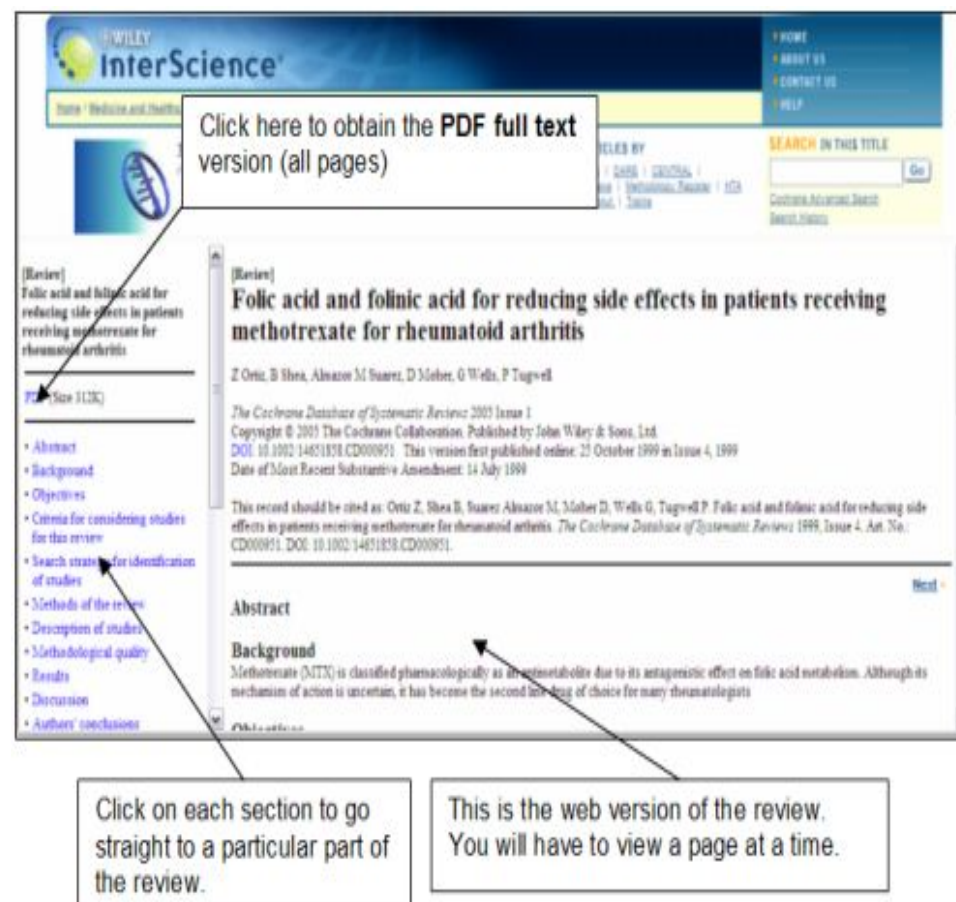
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# Електронски бази на податоци базирани врз ДОКАЗИ

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# Биомедицински електронски бази на податоци

- The Cochrane Database of Systemic Reviews - развиена и поддржувана од Cochrane Collaboration
- [www.cochrane.org/reviews](http://www.cochrane.org/reviews)
- Бази на систематични прегледи



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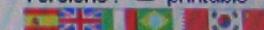

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[Antioxidant supplements for](#)Versions:  printableenglish 

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## Antioxidant supplements for prevention of mortality in healthy participants and patients with various diseases

Bjelakovic G, Nikolova D, Gluud LL,  
Simonetti RG, Gluud C

Bookmark this:



### Summary

**No evidence to support antioxidant supplements to prevent mortality in healthy people or patients with various diseases** Previous research on animal and physiological models suggest that antioxidant supplements have beneficial effects that may prolong life. Some observational studies also suggest that antioxidant supplements may prolong life, whereas other observational studies demonstrate neutral or harmful effects. Randomised trials have largely been neutral. We need evidence from randomised trials to decide if antioxidant supplements should be used for prevention.

The present systematic review includes 67 randomised clinical trials. In total, 232,550 participants were randomised to antioxidant supplements (beta-carotene, vitamin A, vitamin C, vitamin E, and selenium) versus placebo or no intervention. Twenty-one trials included 164,439 healthy participants. Forty-six trials included 68111 participants with various diseases (including gastrointestinal, cardiovascular, neurological, ocular, dermatological, rheumatoid, renal, endocrinological, or unspecified diseases).

Overall, the antioxidant supplements did not seem to reduce mortality. A total of 17880 of 136,023 participants (13.1%) randomised to antioxidant supplements and 10126 of 96527 participants (10.5%) randomised to placebo or no intervention died. In the analysis

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Source Title	Author Name	Year	Document Type	Subject Area
<input type="checkbox"/> Journal of Affective Disorders (381)	<input type="checkbox"/> MdIroy, S.L. (111)	<input type="checkbox"/> 2004 (572)	<input type="checkbox"/> Article (4080)	<input type="checkbox"/> Health (6227)
<input type="checkbox"/> Journal of Clinical Psychiatry (302)	<input type="checkbox"/> Post, R.M. (89)	<input type="checkbox"/> 2003 (1093)	<input type="checkbox"/> Review (1265)	<input type="checkbox"/> Agricultural and Biological Sciences (1894)
<input type="checkbox"/> Biological Psychiatry (259)	<input type="checkbox"/> Kack Jr., P.E. (80)	<input type="checkbox"/> 2002 (914)	<input type="checkbox"/> Letter (186)	<input type="checkbox"/> Life Sciences (1760)

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Date	Document (Sort by relevance)	Author(s)	Source Title	Cited By
1. <input type="checkbox"/> 2004	Differential DSM-III Psychiatric Disorder Prevalence Profiles in Dystonia and Parkinson's Disease	Lauterbach, E.C., Freeman, A., Vogel, R.L.	Journal of Neuropsychiatry and Clinical Neurosciences 16 (1) , 29-36	0
2. <input type="checkbox"/> 2004	The impact of high neuroticism in parents on children's psychosocial functioning in a population at high risk for major affective disorder: a family-environmental pathway of	Ellenbogen, M.A., Hodgins, S.	Development and psychopathology 16 (1) , 113-136	0

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## HINARI Access to Research in Health Programme

The HINARI Programme, set up by WHO together with major publishers, enables developing countries to gain access to one of the world's largest collections of biomedical and health literature. More than 7,500 information resources are now available to health institutions in 105 countries, areas and territories benefiting many thousands of health workers and researchers, and in turn, contributing to improved world health.

### News

#### New Training Material

We have developed two new training modules. One is titled 'Module 7.5: E-book Resources for HINARI Users'. The 1st part of the module reviews E-books resources available from HINARI Partner Publishers via the Reference Sources drop down menu (e.g. The Oxford Textbook of Medicine). The 2nd part is an overview of free E-books available from the Internet (e.g. freebooks4doctors.com gateway). After completing this module, participants will

### Tip of the Month for Using HINARI

Tip of the Month for Using HINARI: Promoting HINARI in science-related disciplines at universities

Many HINARI users are based in health-related colleges or research institutes that are part of larger universities. We have discovered several cases where the basic science colleges and/or departments at the main university campus were not aware of the availability of HINARI's numerous 'science related' e-journals. In the 'Find journals by subject category' drop down menu there are listings for various basic

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- More information.

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-- SELECT A LANGUAGE --

## ■ Find journals by publisher

-- SELECT A PUBLISHER --

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American Psychiatric Publishing Textbook of Substance Abuse Treatment, Fourth Edition  
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-  **Advances in Interventional Cardiology** (Directory of Open Access Journals) v. 1 (2005) - current issue
-  **American Journal of Cardiovascular Drugs** (Adis, a Wolters Kluwer business) v. 1 (2001) - current issue
-  **American Journal of Hypertension** (Nature Publishing Group) v. 8 (1995) - current issue
-  **American Journal of Physiology - Heart and Circulatory Physiology** (American Physiological Society) v. 232 (1977) - current issue
-  **Angiology** (Sage Publishing) v. 50 (1999) - current issue
-  **Annals of cardiac anaesthesia** (Directory of Open Access Journals) v. 8 (2005) - current issue
-  **Annals of Thoracic Medicine** (Directory of Open Access Journals) 2006 - current issue
-  **Annals of Thoracic Medicine** (MedKnow Publishers) v. 3 (2006) - current issue
-  **Applied Cardiopulmonary Pathophysiology** (Directory of Open Access Journals) 2006 - current issue
-  **Arquivos Brasileiros de Cardiologia** (Directory of Open Access Journals) v. 69 (1997) - current issue
-  **Arquivos Brasileiros de Cardiologia** (SciELO (Brazil)) v. 69 (1997) - current issue
-  **Arteriosclerosis, Thrombosis, and Vascular Biology** (American Heart Association) v. 1 (1981) - current issue
-  **Arteriosclerosis, Thrombosis, and Vascular Biology** (Lippincott Williams & Wilkins) v. 15 (1995) - current issue
-  **BMC Cardiovascular Disorders** (BioMed Central) 2001 - current issue
-  **BMC Cardiovascular Disorders** (Directory of Open Access Journals) v. 1 (2001) - current issue
-  **Brazilian Journal of Cardiovascular Surgery** (Directory of Open Access Journals)
-  **Cardiology** (Directory of Open Access Journals) v. 1 (2005) - current issue
-  **Cardiology in Review** (Lippincott Williams & Wilkins) v. 9 (2001) - current issue
-  **Cardiology in the Young** (Cambridge University Press) v. 13 (2003) - current issue

# Биомедицински електронски бази на податоци

- CINAHL (Cumulative Index to Nursing and Allied Health Literature) - создадена од Cinahl Information Systems
- [www.cinahl.com](http://www.cinahl.com)
- Допир до референци, апстракти, цели текстови, водичи, книги, инструменти, едукативни материјали

The screenshot shows the EBSCOhost interface for the CINAHL database. At the top, there are navigation links: "New Search", "Folder", "Preferences", "New Features!", and "Help". Below these are buttons for "Basic Search", "Advanced Search", "Visual Search", and "Choose Databases". A green bar contains links for "Sign In to My EBSCOhost", "Keyword", "Publications", "CINAHL Headings", "Cited References", and "Indexes". The search results are for "low back pain AND acupuncture". The search criteria are displayed in a table with dropdown menus for "Find:", "in", and "and". The results are sorted by "Date" and show 1-10 of 146 results. The first result is "Beyond needling -- therapeutic processes in acupuncture care: a qualitative study nested within a low-back pain trial." and the second is "Acupuncture eases low back pain." Both results include a "Find @ UNC" button.

Најголема библиографска база специфицирана за  
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## Welcome to Bandolier

Apologies for being quiet this past few months. New material will begin being posted on the website. What has been holding things back has been a very considerable dynamic in figuring out how clinical trials in chronic pain should be interpreted. The evidence is accumulating that using average pain score values is just plain wrong, and a new approach based on responder analyses will be needed. But it's a tad more complicated than that, and it will probably be a little while yet before all the finer points are teased out.

The photograph this month is from an autumnal view of the Westonbirt Arboretum in Gloucestershire.

## Disclaimer

The information in Bandolier is not intended as specific medical advice, and is Bandolier's own interpretation of data largely published elsewhere. Individuals seeking specific advice should consult their own doctor.

## Newly written for Bandolier for October-December 2010

[What does "evidence" mean in chronic pain](#)

[Pregabalin in neuropathic pain - 2010 update](#)

[Duloxetine: painful diabetic neuropathy and fibromyalgia \(2010 update\)](#)

[Carbamazepine for neuropathic pain](#)

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Visit the section on [Bandolier Books](#), which will keep you informed about other products from the Bandolier stable. Most recent is "[Bandolier's Little Book of Making Sense of the Medical Evidence](#)" available from [Oxford University Press](#).

All previous issues of the Bandolier Journal are available online for [Bandolier](#) and [ImpAct](#); they are also available as [PDFs](#).



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☐ **1. Vitamin C for preventing and treating the common cold.**

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Systematic Reviews

☐ **2. C-reactive protein and cold-pressor tolerance in the general population: the Tromsø Study.**

Pain 2017

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Primary Research

☐ **3. Is vitamin C effective in treating the common cold?**

Morsels of Evidence 2012

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## Cold and vitamin C

Regulatory Guidance	1
Key Primary Research	119
Clinical Q&A	0
Controlled Trials	1,969
Primary Research	13,445
Ongoing systematic reviews	29
Ongoing clinical trials <span>PRO</span>	978
Open	268
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lt valve disease will be held at the European

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On a regular basis, the National Societies committee is given the opportunity to one ESC National So...
- Stress reduction may reduce recurrent cardiac events**  
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- Teaching Course on myocardial velocity and deformation imaging**

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The ESC is supporting the distribution of knowledge on prevention and treatment of cardiovascular disease

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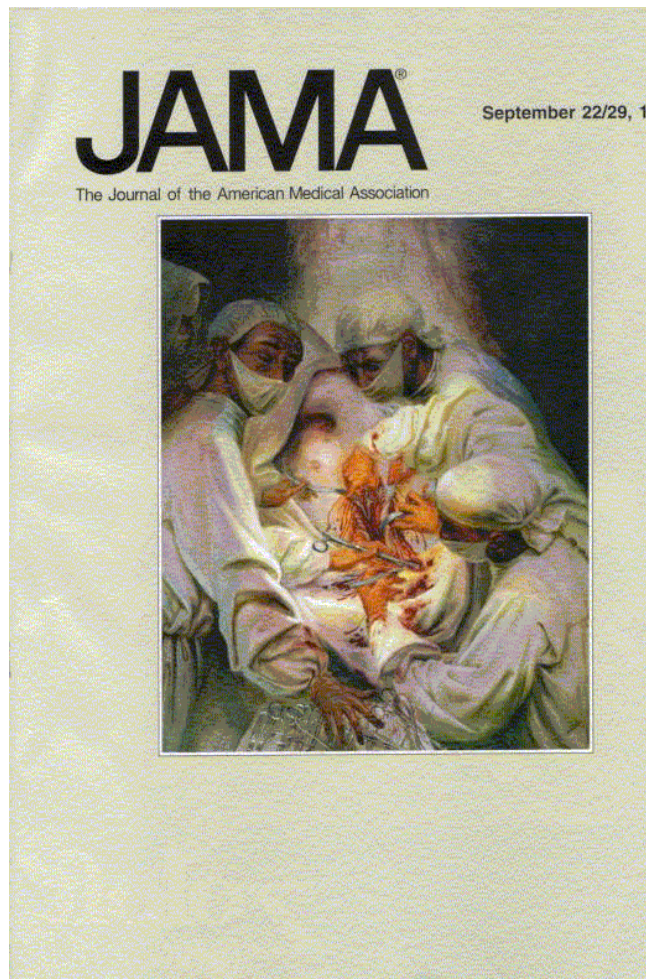
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# Електронски списанија





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## Nederlands

*De vrije encyclopedie*

668 000+ artikelen

- Не е извор засниван на докази
- Може да е информативен
- **НИКАКО не смее да биде извор за пишување на научен труд!!!!**

## Што е Википедија?

Википедија е енциклопедија напишана преку соработка на многу од нејзините читатели. Таа е специјален тип на мрежно место, наречено вики, што го прави придонесот кон неа брз и лесен.

Сакате да помогнете?

Започнете со нашиот **вовед!**

# Како да пребарувам?

- Резимирај ја темата во една или две реченици
- Идентификувај ги оригиналните идеи или концепти поврзани со темата
  - Субјекти, возраст, време, услови
- Избери соодветни клучни зборови
- Востанови врска меѓу клучниот збор и концептот
  - AND, OR, NOT

---

# Како да пребарувам?

## Земи ги предвид и:

- Кој јазик разбираш
  - Синоними и пошироко знаење на зборовите
  - Обрни внимание на спелувањето
  - Повеќе специфични аспекти во случај да се добијат многу податоци при првото пребарување
-

# Барај !!!!

